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Lightly sweetened Greek yogurt gets studded with fresh strawberries and chocolate chips then frozen so you can break it into chunks just like chocolate bark (but healthier!). This colorful snack or healthy dessert is perfect for kids and adults alike. Use full-fat yogurt to ensure the creamiest bark possible.
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plain greek yogurt, honey, lemon zest, fresh lemon juice, frozen raspberries
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Healthy Greek Yogurt Recipes for Dessert Fitness Magazine

Yogurt, honey, fruit, and vanilla come together for the perfect single-serving frozen treat. If lemon's not your thing, swap in another Greek yogurt flavor of your choice, like pineapple or strawberry. (Plus, check out these 8 orange dessert recipes you never knew you needed.) Get the recipe: Lemon
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51 Healthy Greek Yogurt Recipes for Any Time of Day If you've been to a grocery store's dairy aisle lately, you've probably picked up on the fact that Greek yogurt is becoming pretty darn popular.
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With coconut oil and dark chocolate chips, these are practically a health food. Get the recipe.
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Greek Yogurt Chocolate Mousse Healthy Dessert Recipe

A delicious, light and healthier Chocolate Mousse recipe made with greek yogurt. Great for kids, this makes a really simple but very tasty summer dessert!

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